

## Appendix 1

### Modified GAGS score

- It is a quantitative scoring system to assess acne severity.
- A higher score represents acne severity.

### Factor rated by location:

Right Cheek (2)

Left Cheek (2)

Nose (1)

Chin (1)

### Value of lesion depending on severity

0: nil

1: comedones

2: papules

3: pustules

4: nodules

Minimum score: 0

Maximum score: 24

#### RIGHT CHEEK



Nodule (4) x Factor (2)  
= mGAGS 8 points

#### NOSE & CHIN



Nose:  
Papule (2) x Factor (1)  
= mGAGS 2 points

Chin:  
Comedones (1) x Factor (1)  
= mGAGS 1 point

#### LEFT CHEEK



Pustule (3) x Factor (2)  
= mGAGS 6 points

TOTAL mGAGS score  
= 17/24 points

## Appendix 2:

### CADI score

- It is a quantitative scoring system to assess quality of life (QoL) impairment.
- A higher score represents a more significant QoL impairment.

Minimum score: 0

Maximum score: 15

### The Cardiff Acne Disability Index (2021 Updated Version)

1. As a result of having acne, during the last month have you been aggressive, frustrated or embarrassed?	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	(a) Very much indeed (b) A lot (c) A little (d) Not at all
2. Do you think that having acne during the last month interfered with your daily social life, social events or intimate personal relationships?	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	(a) Severely, affecting all activities (b) Moderately, in most activities (c) Occasionally or in only some activities (d) Not at all
3. During the last month have you avoided public changing facilities or wearing swimming costumes because of your acne?	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	(a) All of the time (b) Most of the time (c) Occasionally (d) Not at all
4. How would you describe your feelings about the appearance of your skin over the last month?	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	(a) Very depressed and miserable (b) Usually concerned (c) Occasionally concerned (d) Not bothered
5. Please indicate how bad you think your acne is now:	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	(a) The worst it could possibly be (b) A major problem (c) A minor problem (d) Not a problem